

META-GEN™



A WORLD OF HEALTH



R-HGH: The role of HGH in the body?

In this article we begin to explore what we know about the effects of HGH on the body... **What role does HGH play in the body?**

Human growth hormone shown to play a significant role in:

- Conversion of body fat to muscle mass
- Growth of all tissues
- Energy level
- Tissue repair
- Whole body healing
- Cell replacement
- Bone strength
- Brain function
- Sexual function
- Organ health and integrity
- Enzyme production
- Integrity of hair, nails, skin and vital organs

Basically, anything that goes on in your body is in some way tied to HGH. This is why HGH is often called the "fountain of youth". Elevated HGH levels are what make you feel young again.

Does your body always produce HGH?

The good news is that your body must always produce HGH or you would not be able to function. The bad news is that as you get past about 20 years old, your body produces less and less HGH each year. By age 60 you will probably have lost 5% of the HGH that your body produced

Please note that the statements have not been evaluated by the FDA.